
a horror movie

Posted by nikanika - 2008/02/13 00:07

:(I know that bleeding gums are one of the perks of pregnancy, I had them the first time around, but this time it's terrible. It's like a horror movie every time I brush my teeth. I use soft bristles already, and try not to brush as hard. I just have a river of blood pouring out of my mouth, seriously, I never thought it could get that bad. Of course the dr. says it's ok, but it got to the point where I'm afraid to brush my teeth. I get very lightheaded at the sight of blood anyway when I'm not prego, but this makes me gag and I have to sit down so I don't pass out.:(

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Re:a horror movie

Posted by rooby - 2008/02/16 20:42

hi nikanika,
u shouldn't worry about that
i had z same symptoms and my dentist said to me that
The hormonal changes hinder the body's normal response to the bacteria which causes periodontal infections. This makes it easier for plaque to build up on your teeth and makes you more susceptible to gingivitis. You should brush your teeth at least twice a day and floss at least once a day. You should keep your scheduled professional cleanings and discuss any problems with your dentist.

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Re:a horror movie

Posted by naome93 - 2008/02/18 07:24

Totally agree with rooby answer..My dentist tell me the same

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