
Echinacea while breastfeeding

Posted by Nancy - 2008/01/26 00:36

I was wondering if I can take echinacea while breastfeeding?

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Re:Echinacea while breastfeeding

Posted by samy - 2008/01/26 00:37

Echinacea can be used only after checking with your physician, but pharmacologically there's no evidence regarding transfer of echinacea into human milk or impact of a mother's use of this herbal medication on her breastfed infant.

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